



Word Bank

Growing and Changing



This section of the document provides further guidance on the glossary of terms covered in RSE and how they will be presented to the children.

Module Word Bank X Y Z



Let's explore some new words and phrases. Do you know what they mean?

Scared Bladder **Puberty Nervous**

Worried Hormone Inappropriate **Anonymous**

Penis Menstrual Testicles Vagina Conception

Can you use any of these words in a sentence?

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ABC Module Word Bank XYZ



Let's explore some new words and phrases. Do you know what they mean?

Connection Marriage Vulva Consent Urethra Civil partnership Foreskin Anonymous question IVF Conceived Caesarean Fallopian tube Womb Reproduction **Ovaries**

Can you use any of these words in a sentence?

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Module Word Bank X Y Z



Puberty

When a child matures physically and the reproductive system becomes active.

'Chelsea has reached the age of puberty.'



Nervous

Being fearful, worried, or concerned about someone or an event.

'Freddie felt nervous about his football game.'



Scared

Feeling fearful or frightened.

'Nevin was scared about reading out loud in front of his class.'



Worried

To feel anxious or troubled about actual or potential problems.

'Vinnie was worried about starting his new school.'



Inappropriate

Not right for or suited to the situation or purpose. Not appropriate.

'Carys thought her brother's behaviour was inappropriate.'



Hormone

A chemical substance made in the body, which controls the activity of other cells and organs.

'Puberty begins when the brain releases a hormone.'



Menstrual

Relating to menstruation, also known as the period.

'Felicity started her menstrual cycle in year 7.'



Anonymous

When someone has no known name or identity, or chooses to keep these a secret.

'Darren received an anonymous message online.'



Conception

The process of making a baby.

'Conception occurs when a single sperm meets an egg.'



Penis

A male organ that urine and sperm pass through.

'During puberty, the penis will grow.'



Testicles

Two male sex glands where sperm is produced.

'During puberty, testicles will enlarge.'



Bladder

An organ inside the body where urine is stored.

'George had a full bladder from drinking lots of juice.'



Vagina

A canal that leads from the female uterus to outside of the body.

'Females are born with a vagina.'



Connection

The act of joining or being joined to something else.

'Abbie's Mum and Stepdad have a really strong connection.'



Civil partnership

A civil partnership is a legal relationship which can be registered by two people who aren't related to each other.

'Mel and Chris are in a civil partnership.'



Marriage

A formal union and social and legal contract between two individuals that unites their lives legally, economically, and emotionally.

'Marriage is when two individuals unite their lives legally.'



Anonymous question

When someone asks a question without revealing their name or identity.

'Mrs Sherwood received many questions from her class.'



Vulva

External female genitalia that surround the opening to the vagina.

'The vulva forms a part of the female anatomy.'



Ovaries

A reproductive organ where eggs are produced.

'The ovaries form a part of the female reproductive system.'



Fallopian tube

The tube where the female egg travels to the womb (uterus).

'The fallopian tube forms a part of the female reproductive system.'



Reproduction

The process by which living things create young or offspring.

'Class 4B are studying the reproduction of humans.'



Consent

To express willingness or approval.

'Harry does not consent to Hayden taking his football home.'



Conceived

The fertilising of an egg by a sperm; beginning of pregnancy.

'A baby can be conceived in many ways.'



Caesarean

The surgical delivery of a baby that involves making incisions in the mother's abdominal wall and uterus.

'Beau's brother was born by caesarean.'



Foreskin

A retractable fold of skin that covers the glans of the penis.

'Some cultures choose to remove the foreskin and occasionally, it is removed for medical reasons.'



Cervix

The lower part of the uterus that opens into the vagina.

'The cervix forms a part of the female reproductive system.'



Womb

Where a foetus, or baby, grows.

'The womb sits in the pelvis, close to the bladder.'



Urethra

The tube that carries urine from the bladder out of the body.

'The urethra forms a part of the urinary system.'



Fertilised

When a male's sperm enters a female's egg.

'Pregnancy starts when an egg is fertilised by sperm.'



IVF

Fertilising an egg outside the body, in a laboratory dish, and then implanting it in a women's uterus.

'Willow and her sister were conceived via IVF.'

